## Whatever-is-left-in-thefridge Korean Fried Rice

Leanne Foreman www.easyreadrecipes.com

sieve or colander large frypan or wok measuring cups and spoons chopping board and knife heatproof stirring spoon frypan for eggs (optional) 4 to 6 serving plates

	Do this	with these ingredients
1.	Drain	1 cup packed kimchi
2.	In the large frypan, heat	1 TBS peanut, sesame, or olive oil
3.	Add and stir until softening	1 large onion, diced or sliced (optional)
		1 large carrot, cut into matchsticks (optional)
		1 large corn cob, stripped for kernels (optional)
		1 cup loosely packed bean sprouts (optional)
		1 cup spinach or chopped kale leaves (opt.)
		1/2 cup chopped broccoli florets (optional)
		1/2 cup sliced capsicum/pepper (optional)
		1/2 cup fresh or frozen peas (optional)
		1/2 cup sliced green onions (optional)
		1/2 cup sliced mushrooms of choice (optional)
		1/2 cup finely sliced snow peas (optional)
4.	Add the drained kimchi and stir until any liquid is mostly dried off.	
5.	Stir in and heat through	2 - 3 cups day-old cooked rice
		1 TBS organic tamari sauce
6.	Top with	1 fried egg per person (optional)
	Commence Commence of	extra sliced green onions
		black or white sesame seeds

