

# Crunchy Christmas Salad

Leanne Foreman  
www.easyreadrecipes.com

kitchen scales  
chopping board and knife  
large and small mixing bowls  
measuring cups and spoons  
metal whisk  
fork and spoon for tossing salad  
salad serving bowl

## Do this

## with these ingredients

1. **Chop** into pea sized pieces, the florets and stems of

250 g (9 oz) **broccoli**  
250 g (9 oz) **cauliflower**

2. **Add** to the large mixing bowl with

½ cup sliced **shallots/green onions**  
½ cup coarsely chopped **roasted macadamias**  
½ cup dried **cherries or cranberries**  
½ cup coarsely chopped **fresh mint** (optional)

For the **Yoghurt Dressing**:

3. **Add** to the small bowl

1 cup **plain yoghurt** of choice  
¼ cup **apple cider vinegar**  
¼ cup **extra virgin macadamia or olive oil**  
1 TBS **raw honey or maple syrup**  
½ tsp **pink or sea salt**

4. **Whisk** until well combined.

5. **Pour** half of the dressing over the salad and **toss** to combine.

6. **Taste** and **add** more dressing if desired.

7. **Transfer** to the serving bowl and **garnish** with

extra chopped **fresh mint** (optional)  
extra dried **cherries or cranberries**

