

Vegan Creamy Coriander and Lime Salad Dressing

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high speed blender
measuring cups
measuring spoons
spatula or plate scraper
lidded glass jar or bottle

Do this

with these ingredients

1. **Add** to the blender

½ cup **raw cashews**, soaked o/n if possible
½ cup **fresh coriander**
½ cup **firmly packed spinach or rocket**
½ cup **lime or lemon juice**
1 clove **garlic** (optional)
¼ tsp **pink or sea salt**
⅛ tsp **freshly cracked pepper**

2. **Blend** until smooth.

3. Depending on your desired consistency, **add** if necessary

¼ - ½ cup **filtered water**

4. **Taste** and **adjust** seasonings if necessary.

5. **Store** until needed in a sealed container in the refrigerator for up to a week.

