

Peanut Butter and Honey Popsicles

blender
measuring cups
6 popsicle moulds

Leanne Foreman
www.easyreadrecipes.com

1. **Blend** together until smooth

1½ cups **dairy or coconut cream**

½ cup **dairy or coconut milk**

¼ cup **peanut or nut butter**

¼ cup **raw honey**

2. **Pour** the mixture into the popsicle moulds, then **tap** the moulds lightly on the bench to release any large air bubbles.

3. **Freeze** overnight.

4. Before serving, **drizzle** with

extra **raw honey** (optional)

